

Lesson Plan:

Basic food and drink vocabulary

LEVEL	TIME	SKILLS	FOCUS
Beginner (A1)	50-60 minutes	Vocabulary, speaking, listening	Common food/drink words, likes and dislikes, ordering at a café

OBJECTIVES

By the end of the lesson, students will be able to:

- Name at least 25 common foods and drinks in English
- Express likes and dislikes about food and drink
- Understand and use menus and food descriptions
- Order food and drink in a simple café or restaurant situation

TARGET LANGUAGE (EXAMPLES)

Food categories

- Fruit: apple, banana, orange, strawberry, grape
- Vegetables: carrot, potato, tomato, onion, lettuce
- Proteins: chicken, beef, fish, eggs, beans
- Carbohydrates: bread, rice, pasta, cereal

Drinks

- Water, juice, tea, coffee, milk, soda / soft drink

Preferences

- I love...
- I really like...
- I quite like...
- I don't mind...
- I'm not keen on...
- I don't like...

- I hate...

Ordering

- I'd like...
- Can I have...?
- What do you recommend?
- I'll have the...
- What's in the...?

LESSON PROCEDURE

1. Warm-up (5 min)

Task: Food categories race: teams write as many foods in a category as possible in 2 minutes.

- Fruit / Vegetables / Drinks / Meals

2. Vocabulary presentation (10 min)

Task: Flashcard introduction of 25 key words with images.

- Drill pronunciation: especially 'vegetable', 'biscuit', 'dessert'.
- Grouping activity: students sort cards into categories.

3. Likes and dislikes (10 min)

Task: Introduce preference scale. Students mark where they stand on each food.

- Pair share: 'I love pizza but I don't like mushrooms. What about you?'

4. Reading task (10 min)

Task: Students read a simple café menu and answer comprehension questions.

- 'What vegetarian options are there?' 'What does the soup contain?'

5. Role play (15 min)

Task: Café simulation: waiter/customer ordering from the menu.

- Encourage would like and the polite expressions presented.
- Rotate roles.

EXTENSION / HOMEWORK

Choose one:

1. Write a description of your perfect meal from starter to dessert.
2. Write a short dialogue at a restaurant ordering food and drink for two people.
3. Research a typical dish from your country and write 5 sentences describing it in English.