

Lesson Plan:

Adverbs of frequency

LEVEL	TIME	TOPIC
Beginner to intermediate (A2-B2)	45-60 minutes	Adverbs of frequency (always, usually, often, sometimes, rarely, never)

Objectives

By the end of the lesson, students will be able to:

- Understand and use common adverbs of frequency.
- Use adverbs of frequency correctly in sentences with the present simple tense.
- Talk about their daily routines and habits.

Materials Needed

- Whiteboard and markers
- Flashcards or printed frequency adverb cards
- Handouts with gap-fill and sentence rearranging exercises
- (Optional) Slides or video clips
- Student notebooks

Warm-Up (5-10 mins)

Activity: Quick survey

1. Ask students simple yes/no questions about their habits:
 - "Do you eat breakfast?"
 - "Do you watch TV at night?"
2. Then introduce: "How often do you eat breakfast?"
3. Elicit different answers using frequency adverbs.
4. Write their responses on the board in a list.

Presentation (10-15 mins)

Explain:

- Adverbs of frequency describe how often something happens.
- Common adverbs with a corresponding percentage of something happening:

Frequency	Adverb
100%	always
90%	usually
70%	often
50%	sometimes
30%	rarely
10%	seldom
0%	never

Form:

Adverbs go **before the main verb**:

- She **always** eats breakfast.

But after be verb:

- He **is usually** late.

Visual Aid:

- Show a frequency scale from "Always" to "Never" with examples.

Practice (15-20 mins)

1. Gap-Fill (Controlled Practice)

Students complete sentences:

- "I _____ (go) to the gym on weekends."
- "She _____ (be) late for school."

2. Sentence Scramble

Provide mixed-up sentences to rearrange:

never / coffee / I / drink I never drink coffee. →

3. Pair Work (Guided Practice)

Students interview each other:

"How often do you...?"

Record answers using adverbs of frequency.

Production (10-15 mins)

Activity: Personal Routine Talk

- Students write 5 sentences about their daily/weekly routines using frequency adverbs.
- Share with a partner or present to the class.

Wrap-Up (5 mins)

Review:

- Recap adverbs and sentence placement.
- Ask a few rapid-fire questions:
 - "How often do you do homework?"
 - "Do you always brush your teeth?"

Homework Suggestion:

- Write a short paragraph about your daily routine using at least 5 adverbs of frequency.