

Lesson Plan: Days, months, and dates

Level	Beginner (A1)
Time	45–60 minutes
Skills	Grammar, vocabulary, speaking
Focus	Days of the week, months of the year, saying and writing dates

OBJECTIVES

By the end of the lesson, students will be able to:

- Name and spell all days of the week and months of the year
- Say and write dates correctly (ordinal numbers + month)
- Ask and answer questions about dates
- Understand common date formats (American and British)

TARGET LANGUAGE (EXAMPLES)

Days of the week

- Monday, Tuesday, Wednesday, Thursday, Friday, Saturday, Sunday
- Abbreviations: Mon, Tue, Wed, Thu, Fri, Sat, Sun

Months of the year

- January, February, March, April, May, June
- July, August, September, October, November, December

Saying dates

- American: October 5th / October 5 / 10/5/2024
- British: the 5th of October / 5 October / 5/10/2024
- Spoken: 'the fifth of October' or 'October fifth'

Useful questions

- What day is it today?
- What's the date today?
- When is your birthday?
- What day is the 15th?

LESSON PROCEDURE

1. Warm-up (5 min)

Task: Teacher asks the date and day. Students respond. Establish daily routine.

- Extend: 'What was yesterday?' 'What will tomorrow be?'

2. Presentation (10 min)

Task: Drill days and months with choral repetition and flashcards.

- Point out spelling traps: Wednesday, February, Thursday.

- Show both American and British date formats.

3. Guided practice (10 min)

Task: Students write out 5 important dates in their lives in full.

- Example: 'My birthday is on the fourteenth of March.'
- Peer check for spelling and format.

4. Speaking practice (15 min)

Task: Survey: students find classmates with birthdays in each month.

- Class creates a birthday calendar together.
- Stretch: 'What day of the week is your birthday this year?'

5. Writing task (10 min)

Task: Students write a short paragraph about 3 important dates.

- Must include day, date, and month written out in full.

EXTENSION / HOMEWORK

Choose one:

1. Write the dates of 5 national holidays in your country in full sentences.
2. Create a mini monthly calendar for next month, then write 4 sentences about events on it.
3. Ask 3 family members their birthdays and write the dates in two formats (American and British).