

Lesson Plan: Action verbs – eat, go, play

Level

ESL Beginners (A0–A1)

Time

30–45 minutes

Objectives

By the end of the lesson, students will be able to:

- Understand and say the verbs **eat, go, play**
- Use the verbs in **simple sentences** (e.g., *I eat apples.*)
- Respond to basic questions using the verbs

Target Vocabulary

- **eat**
- **go**
- **play**

Materials

- Flashcards or pictures (food, places, games/sports)
- Whiteboard and markers
- Optional: real objects (toy ball, picture of food)

1. Warm-Up (5 minutes)

TPR (Total Physical Response)

1. Teacher says and acts:

Eat (pretend to eat)

Go (walk in place)

Play (kick or throw an imaginary ball)

2. Students copy the actions.

3. Repeat several times, faster and slower.

Purpose: Build understanding through movement.

2. Presentation (10 minutes)

Introduce Verbs

1. Show a picture and say:

I eat. (mime eating)

I go. (walk)

I play. (play a game)

2. Students repeat together, then individually.

3. Write on the board:

eat

go

play

Model Simple Sentences

- *I eat apples.*
- *I go to school.*
- *I play soccer.*

Students repeat each sentence.

3. Guided Practice (10 minutes)

Matching Activity

- Match verbs to pictures:

- apple → **eat**
- school → **go**
- ball → **play**

Question & Answer (oral)

Teacher asks:

What do you do?

Students answer together:

I eat.

I go.

I play.

4. Controlled Practice (10 minutes)

Fill in the Blank (oral or written)

Write on the board:

I ___ apples.

I ___ to school.

I ___ soccer.

Students say or write:

eat

go

play

5. Game / Activity (5–10 minutes)

"Simon Says" (Action Verbs)

Simon says eat! (students pretend to eat)

Simon says go! (students walk)

Play! (don't move!)

OR

Charades

One student acts: eat / go / play

Class guesses the verb.

6. Review & Assessment (5 minutes)

- Point to pictures and ask: *Eat, go, or play?*
- Students say full sentences:

I eat.

I go.

I play.

Optional Extension / Homework

Draw a picture and write one sentence:

I eat _____.

I go to _____.

I play _____.