

Lesson Plan: Present perfect (with for & since)

Level: Intermediate (B1)

Time: 60 minutes

1. Objectives (5 minutes)

By the end of the lesson, students will be able to:

- Use the **present perfect** to talk about actions or states that started in the past and continue now
- Correctly choose **for** vs **since**
- Ask and answer questions using **How long...?**

2. Warm-up / Lead-in (5 minutes)

Activity: Personal connection

- Write on the board:

I have lived in this city for ____ years.

I have studied English since ____.

- Teacher models with true examples.
- Students complete the sentences individually, then share with a partner.

Concept check (oral):

- Is the action finished?
- Does it continue now?

3. Presentation (Form & Meaning) (10 minutes)

A. Meaning

Write on the board:

*I have had this phone for three years.
I have had this phone since 2022.*

Elicit:

for → a **period of time** (how long)
since → a **starting point** (when it began)

Create a simple timeline on the board:

2022 ----- NOW
since 2022
for 3 years

B. Form

Affirmative:

Subject + **have / has** + past participle

I have lived here for five years.

She has known him since 2019.

Questions:

How long have you lived here?

Negative:

I haven't studied English for long.

4. Controlled Practice (10 minutes)

Activity 1: Choose for or since

Students complete sentences:

1. I have known my best friend ____ 2018.
2. She has played the piano ____ six years.
3. We have lived here ____ a long time.
4. He has been tired ____ this morning.

Answer check: Pair check → whole class

5. Semi-controlled Practice (10 minutes)

Activity 2: Sentence completion

Students complete sentences with true information:

- I have liked _____ for _____.
- I have been at this school since _____.
- I have had my favorite hobby for _____.

Students compare answers in pairs.

6. Communicative Practice (15 minutes)

Activity 3: "How long...?" Survey

Students walk around and ask at least **3 classmates**:

- How long have you studied English?
- How long have you lived in your house?
- How long have you known your best friend?

They take short notes and report one answer to the class.

7. Error Correction & Feedback (3–5 minutes)

Write common mistakes on the board (anonymously):

I am living here for five years.
 I have lived here for five years.

Quick recap:

- Present perfect, not present continuous
- **for = length, since = starting point**

8. Optional Homework

Choose one:

1. Write **5 true sentences** using present perfect with *for* and *since*.
2. Write a short paragraph titled "**Things I have done for a long time**".